Enterprise Senior Center November 2018

November 2018		
Tuesday	Wednesday	Friday
A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00. Milk and bread served with all meals.		Country Fried Steak w/Gravy Mashed Potatoes Sliced Carrots Creamed Peas Wheat Roll Ambrosia Salad Milk Margarine
		Diet - Mixed Fruit
6	7	
Cacciatore Chicken Breast	Meatballs w/Sweet & Sour Sauce	Roast Beef with Gravy
Penne Pasta	Fried Rice	Mashed Potatoes
Italian Vegetable Blend	Sugar Snap Peas	Brussels Sprouts
Mixed Green Salad	Mixed Green Salad	Mixed Green Salad
Texas Bread	Wheat Roll	Dinner Roll
Hot Spiced Pears	Mandarin Oranges	Seasonal Fruit
Milk	Milk	Milk
Margarine	Margarine	Margarine
13	14	10
Salisbury Steak	Chicken Fried Steak with Gravy	Chicken Breast w/Alfredo Sauce
with Mushroom Gravy	Mashed Potatoes	Fettuccini Noodles
Brown Rice	Broccoli and Cauliflower	Zucchini and Tomatoes
Green Beans	Three Bean Salad	Mixed Green Salad
Glazed Carrots	Texas Bread	Breadstick
Wheat Roll	Tropical Fruit	Apple Crisp
Seasonal Fruit	Milk	Milk
Milk	Margarine	Margarine
Margarine		Diet - Hot Peaches
<u>Thanksgiving Menu</u> 20	21	2.
Roasted Turkey Breast with Gravy	Closed for Thanksgiving	Closed for Thanksgiving
Cranberry Sauce	Holiday	Holiday
Stuffing		
Green Beans		
Mashed Potatoes		
Mixed Green Salad w/Ranch Dressing		
Wheat Roll		
Pumpkin Pie with Whipped Cream		
Milk		
Margarine		
Diet - Mixed Fruit	20	
Consider Manchelle	28	Book Consolvatti Course aver
Swedish Meatballs	Glazed Ham	Beef Spaghetti Sauce over
Egg Noodles	Sweet Potato Casserole	Spaghetti Noodles
California Vegetable Blend Mixed Green Salad	Cabbage	Green Beans Mixed Green Salad
Mixed Green Salad Dinner Roll	Mixed Green Salad Cornbread	Mixed Green Salad Garlic Texas Bread
Peaches	Seasonal Fruit	
Peacnes Milk		Apple Raisin Compote Milk
	Chocolate Chip Cookie Milk	Margarine
Margarine	Margarine	iviaigaiiile
	Diet Verille Wefers	

Diet - Vanilla Wafers